

KARINA HOLLEKIM



Professional Free-Skier B.A.S.E. Jumper

Karina Hollekim was one of the worlds best extreme sports athletes. In 2006 she miraculously cheated death in a near fatal accident and was predicted a life in wheelchair but came back a winner.

Karina Hollekim was born in 1976. She got her first contract as a freeskier in 1992. She made her career travelling the world doing the two sports she loves the most; freeskiing and BASE jumping. She is still the only woman who ever completed a ski B.A.S.E. She is Norway's only professional B.A.S.E. jumper and an exponent of B.A.S.E. jump aerials, including the misty flip.

On August 20, 2006, Karina Hollekim jumped from a plane in a routine demonstration skydive. Her parachute failed and she hit the ground at over 100 km/h, resulting in 21 open fractures in her right leg and the loss of more than three litres of blood. But, miraculously, she had survived. Karina set off on a long and arduous journey to recovery. Despite this setback, Karina has taken the incident with the same determination and courage with which she has faced life. Karina has now mostly recovered, having been told she would never walk again, and is back to free skiing professionally. Karina's skill, fearlessness, struggles and successes have been recorded in several films, including "Fatima's Hand," "Tangerine Dream," "Anomaly," "Endless Winter," "4th Street," "Override," and "Live a Little Radix."

Karina shares her story about those moments that change our lives forever, about raw willpower and passion. She inspires us to be targeted, Karina is a living proof of the importance of little changes and how they make a difference in the long run.

By raising awareness of our choices she challenges our willingness to change. She shows the importance of stretching your comfort zone to achieve your goals. Karina's incredible journey, her gripping story about struggle and resilience together with her indomitable spirit makes a story to remember.

Topics (Selection):

- Motivation
- Adventure
- Determination