

JAMIL QURESHI



One of today's foremost practitioners of performance enhancing psychology

Jamil Qureshi is one of today's foremost practitioners of performance enhancing psychology and is an expert in high performing teams. Qureshi has enjoyed working with a rich diversity of the most talented business and sports people and teams in the world, helping six individuals get to World Number 1. In 2006, he was appointed as the first-ever official psychologist to work with the European Ryder Cup team by captain Ian Woosnam. They made history in winning by a record-equalling margin.

Qureshi has worked with 22 golfers inside the top 50 in the world, including Lee Westwood, Paul McGinley, Graeme McDowell, Darren Clarke, Paul Casey, Thomas Bjorn, Sergio Garcia and two world number one's. Ranked among the most influential figures in British sport in 2009, Qureshi was voted in the top 100 most powerful men in golf 2008 by his international peers.

He has worked successfully with three English Premiership football clubs, one of which reaching a record position from its halfway point in the season. Two Formula 1 racing drivers, David Coulthard and Eddie Irvine and the 2009 England Ashes winning cricketers. In business and industry Qureshi has worked from CEO and board level to middle management in a variety of sectors and has worked with business leaders and companies in over 24 different countries, helping teams to fulfil their potential by orchestrating change and performance programmes. He has developed and delivered management and leadership programmes at board level for Coca Cola, Hewlett Packard, Emirates Airlines, Serco, Marks and Spencer, and Royal Bank of Scotland. He has worked across Lloyds Banking Group on their 'Journey to World Class'. He was called upon to offer change management strategies for several high profile organisations, such as Lloyds Banking Group's substantial integration strategy, and with The Post Office to create The Post Office Way as they separated from Royal Mail.

Qureshi is also a world recognised speaker on all aspects of the psychology of performance, psychology of leadership, leadership attitudes, improving people, cultural change techniques, and team performance. He is one of only a few external psychologists ever to be allowed to study astronauts on the 2008 NASA Space Programme. Qureshi has talked to audiences including two former US presidents at the K Club in Ireland, and at NASDAQ in Times Square where he shared a stage with General Peter Pace, Head of Joint Chief of Staff and the highest ranking military officer in the US armed forces.

Topics (Selection):

- Turning Ambition into Achievement - How to make the difference
- Blame Looks Backwards, Responsibility Looks Forwards - How to create ownership
- Complexity and Uncertainty, so what? - How focus and purpose can cut through circumstance
- The Disruptive Leader - How leaders can optimise opportunity by breaking habits
- Sustainable Relationships - the future of business
- Engagement - Rhetoric or Reality

Publications (Selection):

- The Mind Coach: Be the person you really want to be, 2015