



Coach for Time Management

Prof. Dr. Lothar Seiwert is considered Germany's leading time management expert due to his successful publications and seminars. He is the first German to be awarded the international training prize "Excellence in Practice" by the American Society for Training and Development (ASTD).

Lothar Seiwert studied economics in Marburg and Frankfurt and received his doctorate in 1978. After holding various positions in human resources and education at corporations and a consulting company as well as a professorship in human resources and corporate management, he became self-employed in 1992 with the "Seiwert-Institut GmbH - Time-Management und Life-Leadership" in Heidelberg. Since 2002 Seiwert has been a lecturer at the University of St. Gallen.

With more than 50 books, audio books and videos on the topics of time management and life leadership, the "Lord of Time" is one of the most successful non-fiction authors in the German-speaking world. His publications regularly top the non-fiction bestseller lists and are translated into numerous languages.

At events in Europe, Asia and the USA, more than 400,000 listeners have experienced Lothar Seiwert as a speaker. Lothar Seiwert gives his lectures, which he lightens up with a magic trick or two, in German and in English.

Topics (Selection):

- Seven steps to time sovereignty and efficiency
- Life balance: Meaningful self-management for a life in balance
- The Boomerang Principle: The Art of Living between Duty and Pleasure
- Life Leadership: If you are in a hurry, go slowly