



Business Journalist & Political Expert
Four-time Spiegel Bestselling Author

Nena Brockhaus is a television presenter and columnist. The four-time Spiegel bestselling author has her finger on the pulse of the times with her books and tackles issues that are driving society. With "Alte weise Männer" (Old wise men) she makes clear how much we can learn from the older generation and in her debut book "UNFOLLOW - wie Instagram unser Leben zerstört" (UNFOLLOW - how Instagram destroys our lives) she describes her experiences as an influencer.

Born in Düsseldorf in 1992, Nena Brockhaus studied economics, law and international relations in Maastricht after graduating from high school. During her studies, she completed internships at the news magazine Focus and at Handelsblatt. After completing her Bachelor's degree in 2015, she initially worked for PwC, where she dealt with the strategic orientation of media companies. In 2018, she graduated from the Georg von Holtzbrinck School for Business Journalists.

From 2021 to 2022, she wrote a monthly column for the German Cosmopolitan. From 2021 to summer 2023, Brockhaus hosted the political talk show "Viertel nach Acht" for BILD TV three to five times a week. In her show, she consistently allowed more critical voices to have their say than is usual in other television formats.

Brockhaus can regularly be seen as a political commentator on TV programmes such as "Stern TV", "Maischberger", "ZDF Mittagsmagazin", "ZDF Heute - 13 Fragen", or "Sat1 Frühstücksfernsehen". In the Stern podcast "Heute wichtig", writer Michel Abdollahi described Brockhaus as "the counterpart to Sophie Passmann and Luisa Neubauer".

Nena Brockhaus is a much sought-after moderator of conferences, panel discussions, galas and congresses. Competent, charming and quick-witted, she leads through the most diverse formats and impresses with conscientious preparation. She has already moderated events for Handelsblatt, Wirtschaftswoche, Hubert Burda Media and Axel Springer.

Topics (Selection):

- Wise old men - Lessons we can learn from them • Politics, Economy & Society - The State of the Nation • Work-Life Balance: The Life Lie of Our Time • Generation Y and Generation Z: a Life for the Limelight