

MARK MATHEWS



One of the best big wave surfers in the world

Mark Mathews is a world renowned Big Wave Surfer. He has made a living achieving the unfathomable: crossing the intersection of danger and excitement. He knows all too well the crippling grasp of fear.

Mark has surfed many of the world's heaviest and biggest waves including Cape Fear, NSW, Teahupoo, Tahiti, Jaws, Maui and The Right, WA. As an Australian professional big wave surfer, Mark has won three Oakley Big Wave Award and there have been several films that Mark has been involved in as himself.

In December 2015, at the peak of his career as a big-wave surfer, Mark Mathews had an accident while surfing, injuring his shoulder and side-lining him for nine months. Not even a year later tragedy struck again. He severed an artery in his leg, and this time, doctors said he'd never surf again. At that moment, Mark made a decision never to allow fear to overpower him again. Using all his skills and knowledge of how to build motivation, manage stress and overcome adversity, Mark set out on a 3 year rehabilitation journey to prove the doctors wrong. And in 2019 he pulled off the comeback that no one thought possible.

Through his career as a professional 'Big Wave' surfer he has become obsessed with the relationship between personal growth, high performance and fulfilment. He has deconstructed, fine-tuned, and personalised emotion and resilience techniques to successfully strengthen ones mind-set and sustain long term performance. These techniques have helped him win an unprecedented three consecutive Oakley Big Wave Awards and cement him as one of the best big waves surfers in the world.

As a highly sought after international speaker Mark's surfer chill vibe and magnetic charisma, has graced the stages of leading companies worldwide. He instantly captures audiences with his epic tales and spectacular surf footage and shows how to turn fear into excitement, drive and motivation.

Topics (Selection):

- Life beyond Fear
- Out the Back – The Courage to Commit
- Wipe-out – Surviving the Impact Zone
- The next Wave - Capitalising on the Next Wave of Opportunities